

Nutrition Analysis Service

Nutrition Facts Panels are required by law on most pre-packaged foods. Are your products compliant?

Through the *Food and Drugs Act*, Health Canada regulates the labelling of food products in Canada, which includes making nutrition labelling mandatory on most food labels. These labelling regulations have been designed to provide a system for conveying information about the nutrient content of food in a standardized format. This allows for easy comparison of foods, and enables informed food choices by the consumer.

Nutrition labelling can be a daunting project, especially for small companies and those with large numbers of products to label.

To assist the food industry in complying with the nutrition labelling requirements, MPO is pleased to offer a **Nutrition Analysis Service** with complete confidentiality guaranteed.

With the use of the Genesis Nutrition Labeling Formulation Database, a cost effective alternative to conventional lab analysis, MPO can compute nutrition facts for your products. We provide a complete analysis, which includes a food list, nutrients analysis, and a camera-ready Nutrition Facts label to provide to your printer, artist, or package designer.

Nutrition Facts	
Valeur nutritive	
Serving Size (100 g) / Portion (100 g)	
Amount Teneur	% Daily Value % valeur quotidienne
Calories / Calories 200	
Fat / Lipides 13 g	20 %
Saturated / saturés 4 g + Trans / trans 0 g	
20 %	
Cholesterol / Cholestérol 60 mg	
Sodium / Sodium 70 mg	3 %
Carbohydrate / Glucides 3 g	1 %
Fibre / Fibres 1 g	
4 %	
Protein / Protéines 16 g	
Vitamin A / Vitamine A	
4 %	
Calcium / Calcium	
2 %	
Iron / Fer	
8 %	
Not a significant source of sugars or vitamin C. Source négligeable de sucres et vitamine C.	



The cost for this service is **\$125** (+ HST) for MPO Members and **\$250** (+ HST) for Non-Members, per analysis. Forms are available for download on the MPO website at www.meatpoultryon.ca or by contacting the office at technical@meatpoultryon.ca.

For more information:

Meat & Poultry Ontario
Technical Director

www.meatpoultryon.ca
technical@meatpoultryon.ca or (519) 763-4558 x222



**Meat &
Poultry**
ONTARIO

NUTRITIONAL ANALYSIS INGREDIENT FORM
(Only one recipe/product per form)



Definitions & Instructions

Product / Recipe Name

- Ensure you include the product/ recipe name

Recipe Ingredients (1st column)

- List each ingredient/component in your recipe or formula regardless of amount used.
- For all meat ingredients please indicate the exact cut used (e.g. pork shoulder, beef eye of the round) as well as the fat-to-lean ratio (e.g. beef 80/20; pork 50/50).
- Game meats, fowl, seafood, and fish selections are available as well.
- Spices listed individually in your recipe can be entered into the database if you know the weight measurement for each item. If you purchase a pre-packaged blend from a supplier, contact them for the nutritional values per unit. This information should be readily available. The values reported will then be entered into the database and incorporated into your recipe.
- If an ingredient is a sugar-based ingredient, please indicate by adding a * beside it.

Amount / Weight (2nd column)

- List the amount of each ingredient/component used in kilograms, grams, pounds, or ounces. Do not use percentages as the database cannot calculate percentages.

Pump Solution / Brine

- If your list of ingredients includes a pump solution it is important that you include this on your form. A separate recipe should be made for the solution and then a specific percentage (that you will provide) will be included in the analysis (e.g. 100 kgs of 80/20 pork plus 20% brine).

Serving Size

- The serving size is based on the edible portion of the **food as offered for sale**. It is expressed as a household measure (e.g. piece, slice) **and** in metric units (grams, kilograms). Please indicate in the spaces provided the household measure and related metric weight that would normally be consumed at one time by the consumer (e.g. 3 slices (125g)).

Ensure that you include your email address and contact number. This is important in the event we need to contact you if there are any questions about the submission. Return the complete forms with payment to the Meat & Poultry Ontario by mail, fax or email. Payment must be sent with the forms to process the submission.

Should you have any questions on Nutrition Labelling, please contact Daphne Nuys-Hall, MPO Technical Director at technical@meatpoultryon.ca or (800) 263-3797 x 222.

*****Please complete and sign the Confidentiality Agreement for our records.
Only one agreement per company is required.*****

NUTRITIONAL ANALYSIS INGREDIENT FORM
(Only one recipe/product per form)



Product / Recipe Name: _____

Please select which of the following analysis you would like to receive (pricing on payment page):

- Standard Nutrition Analysis
- Standard Nutrition Analysis with Ingredient Deck and Allergen Statement
- "Rush" Standard Nutrition Analysis
- "Rush" Standard Nutrition Analysis with Ingredient Deck and Allergen Statement
- "Change" or update as requested by customer

Ingredient /Component Name

Amount of Each Ingredient by Weight

Ingredient /Component Name	Amount of Each Ingredient by Weight
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
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_____	_____
_____	_____
_____	_____
_____	_____

Beginning Batch Weight: _____ (The database will automatically calculate the weight of your batch).

Ending Batch Weight: _____ (To calculate the most accurate analysis possible, enter the ending weight of your batch).

Nutrition facts are based on a specific serving size: **Serving Size:** _____ **Servings per container:** _____

Allergen Statement

Please indicate all allergens that need to be declared on the label of your product -

- Eggs
- Milk
- Mustard
- Peanuts
- Wheat and triticale
- Soy
- Fish
- Sesame seeds
- Sulphites
- Crustaceans and molluscs
- Tree Nuts (almonds, Brazil nuts, cashews, hazelnuts, macadamia nuts, pecans, pine nuts, pistachios and walnuts)

By signing this form, you confirm that the information provided is accurate and complete to the best of your knowledge.

Signature: _____

Date: _____

NUTRITIONAL ANALYSIS INGREDIENT FORM
(Only one recipe/product per form)



Date: _____ Company Name: _____

Contact Person: _____

Address: _____

City: _____ Postal Code: _____

Tel: _____ Fax: _____

Email: _____

Ensure that you include your email address and contact number. This is important in the event we need to contact you if there are any questions about the submission. Return the complete forms with payment to the Meat & Poultry Ontario by mail, fax or email. Payment must be sent with the forms to process the submission.

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PAYMENT INFORMATION: *(Amount per Analysis includes HST #121262919. Payment **MUST** be included)*

	MPO Member	Non-Member
Standard Nutrition Analysis	<input type="checkbox"/> \$141.25 (\$125.00 + HST)	<input type="checkbox"/> \$282.50 (\$250.00 + HST)
Standard Nutrition Analysis with Ingredient Deck and Allergen Statement	<input type="checkbox"/> \$158.20 (\$140.00 + HST)	<input type="checkbox"/> \$316.40 (\$280.00 + HST)
“Rush” Standard Nutrition Analysis	<input type="checkbox"/> \$169.50 (\$150.00 + HST)	<input type="checkbox"/> \$339.00 (\$300.00 + HST)
“Rush” Standard Nutrition Analysis with Ingredient Deck and Allergen Statement	<input type="checkbox"/> \$197.75 (\$175.00 + HST)	<input type="checkbox"/> \$395.50 (\$350.00 + HST)
Each subsequent ‘change’ or update as requested by customer	<input type="checkbox"/> \$28.25 (\$25.00 + HST)	<input type="checkbox"/> \$56.50 (\$50.00 + HST)

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 Cheque Enclosed: Made payable to **Meat & Poultry Ontario**

Please place on my: VISA MasterCard

Card #: _____ Exp: _____ CVV: _____

Cardholder: _____

Signature: _____

Should you have any questions on Nutrition Labelling, please contact Daphne Nuys-Hall, MPO Technical Director at technical@meatpoultryon.ca or (800) 263-3797 x 222.

MPO CONFIDENTIALITY AGREEMENT

THIS AGREEMENT, made this _____ day of _____ 20_____, between the Meat and Poultry Ontario (hereinafter MPO) and _____
_____ (hereinafter PROCESSOR).

Whereas, PROCESSOR will provide accurate and complete recipes or formulations to MPO, and

Whereas, MPO will assess nutrient content of recipe through use of nutrition labeling database, and

Whereas, both PROCESSOR and MPO, agree that recipes and formulas disclosed by PROCESSOR will be kept confidential by MPO and used by MPO strictly for the purpose of providing nutrition facts to PROCESSOR, and

Whereas, recipes or formulations are exclusively the property of PROCESSOR, and

Whereas, all information on recipe ingredient form, such as processing methods, processing yields, packaging, cost analysis, sales and marketing materials, financial statements or any other information given to MPO by PROCESSOR, shall remain secret and confidential, and no information will be disclosed to any third party by MPO, and

Whereas, MPO or any employee, agent, or officer of MPO, will be held harmless by PROCESSOR for any incorrect information, whether it be misinformation provided by PROCESSOR or due to database failure to correctly provide nutrition information.

IN WITNESS WHEREOF, MPO and PROCESSOR hereto have executed this Agreement on the date first written above.

PROCESSOR:

MPO:

(Signature)

(Signature)

(Print Name)

(Print Name)

**** Processor Retains Full Responsibility for Accuracy of Recipe Information and Nutrition Facts Reported ****